



MBA, Eng.Humoud Aloudah Alsallal CV

## **SKILLS**

- 1) Training & Development
- 2) Talent Management
- 3) Meeting Management
- 4) Strong Leadership, Team Building
- 5) Creative Problem Solving.
- 6) Leading sales teams and negotiations
- 7) Dealing with media.
- 8) Writing skills

## **PROFESSIONAL EXPERIENCE**

1. *Management and soft skills trainer* 2004 – Present  
*More than 400 training courses and workshops trained internationally*
2. Senior Electrical Engineer, Ministry of Public Works Contract Supervision  
2012 - Present
3. Owner, PR and Training Consultant 2015-2019  
Cloud9 for Training and Consulting
4. *Media, PR, Management, business Consultant* 2012-Present
5. PR and Training Consultant 2013-2015  
FOCUS Consultancy Services, Kuwait
6. *Producer and Host Radio Shows* 2003 - 2014  
Ministry of Information, Kuwait
7. Owner and acting manager December 2011-2013  
Al-Rayan Al-Alamiya, Kuwait
8. Electrical Engineer 2010-2012  
Control Group Company (Factory), Kuwait
9. *Electrical Engineer-Training & Planning* 2009-2010  
Ministry of Water and Electricity, Kuwait
10. *Executive Director-Training & Development* 2007-2008  
Al-Najma Al-Alamiya, Kuwait

## **EDUCATION**

1. Al-Ahliya University, Bahrain 2013  
Master's Degree in Business Administration
2. College of Engineering & Petroleum - Kuwait University, Kuwait 2007  
Bachelor's Degree in Electrical Engineering



### **Summary of Certifications**

1. Train the trainer from Impact Factory, UK
2. Practitioner in the 7 habits of the most successful people, trained by Dr. Steven Covey Corporation
3. Mind Mapping and Creativity Course, trained by Mr. Tony Buzan
4. Journal Writing skills
5. Neuro Linguistic Programming (NLP)
6. Practitioner in Graphology, Trained by Eng. Fuad Atteyah (Author)
7. Certified Business Professional, IBTA international

### **MEMBERSHIPS**

- 1) Reserved Board Member of Al-Arabi Stock Exchange Company 2009-2011
- 2) Board Member of Al-Arabi Stock Exchange Company 2011-2017
- 3) Elected Vice President of Al-Arabi Stock Exchange Company 2012-2017
- 4) Elected Board member of FOCUS Consultations Services 2013-2015
- 5) Elected Board Member of Kuwait Project Management Society (KPMS) 2017-2019
- 6) Vice President and Public Relations Director of Kuwait Project Management 2017-2019

### **Founded or authored**

- 1) Business Coaching: analyzing companies from A to Z by multiple investigation phases with the help and permission of the top management to help re-structuring, re-plan, train all levels of employees and related positions up to CEOs, talent management, etc..
- 2) Many leadership practices such as "Optimized Meeting Management"
- 3) Many Brain Storming Practices
- 4) Many coaching techniques for business purposes
- 5) MaaSaaLaa Training: combining Business, interpersonal and inner communication using highly sophisticated project management tools
- 6) Pink Frog Training: a marketing philosophy and tool
- 7) A variety of practices such as time budgeting, creative writing, decision making, flexible planning, etc
- 8) Founded SIJ breathing exercises to enhance stress release, self-confidence, professionalism, etc..)
- 9) White Page Healing Technique: through five steps using pencils and papers trainees go through self-empowerment and self-motivation by solving personal past issues independently.



## **Volunteer Work**

1. Founder of Training for All T4A (Charity Training Program) 2014-Now
  - a) Organizing training events
  - b) Organizing social responsibility sessions
  - c) Establishing SIJ Training YouTube Channel
2. Toastmasters 2005-2015:
  - a) Elected Governor of Division Q (Consisting more than 20 Clubs) 2010-2011
  - b) Consultant of Al-Dirwaza Toastmasters Club 2007-2008
  - c) President of Al-Dirwaza Toastmasters Club 2006-2007
3. Al-Kout Cultural Club 2003-2007:
  - a) Founded the club
  - b) Leading the club team into successful event planning and executing
  - c) Organized more than 30 discussion events
  - d) Organized more than 20 debate events
  - e) Organized more than 10 plays
4. Part of a family charity programs internationally 1988-Now

## **PERSONAL INFORMATION**

Birth Date : 28 October 1980

Nationality : Kuwait

Residence Location : Al Kuwait, Kuwait

Languages Known : English & Arabic

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